

September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1 <u>BBQ Chicken Drum Stick, Green Beans, Herb Potatoes, Soup: Cream of Tomato</u> 11:00 a.m. - 1:30 p.m.	2 <u>Cabbage Rolls, Mixed Vegetables, Perogies, Soup: Vegetable & Ham</u> 11:00 a.m. - 1:30 p.m.	3
4	5	6 <u>Shepherd's Pie, Turnip, Salad, Soup: Bacon Vegetable</u> 11:00 a.m. - 1:30 p.m.	7 <u>Chicken Alfredo, Caesar Salad, Macaroni, Soup: Vegetable Beans</u> 11:00 a.m. - 1:30 p.m.	8 <u>Breaded Sole, Cream Corn & Carrot Salad, Potato Wedges, Soup: Carrot</u> 11:00 a.m. - 1:30 p.m.	9 <u>Butter Chicken, Peas & Carrots, Rice, Soup: Potato & Leek</u> 11:00 a.m. - 1:30 p.m.	10
11	12 <u>Salisbury Steak, Cauliflower, Potato Wedges, Soup: Spinach Lentil</u> 11:00 a.m. - 1:30 p.m.	13 <u>Chicken & Mushroom Stew, Green Beans, Rice, Soup: Squash</u> 11:00 a.m. - 1:30 p.m.	14 <u>Two Drumsticks, Turnip, Potato Wedges, Soup: Chicken & Rice</u> 11:00 a.m. - 1:30 p.m.	15 <u>Boiled Egg & Chickpeas Indian Style, Rice, Soup: Minestrone</u> 11:00 a.m. - 1:30 p.m.	16 <u>Chicken & Vegetable Pie with Cheese Cream Sauce, Coleslaw, Soup: Cream of Vegetable</u> 11:00 a.m. - 1:30 p.m.	17
18	19 <u>Meat Lasagna, Salad, Garlic Bread, Soup: Cream of Mushroom</u> 11:00 a.m. - 1:30 p.m.	20 <u>Liver and Onions, Turnips, Mashed Potatoes Soup: Vegetable</u> 11:30 a.m. - 1:30 p.m.	21 <u>Ham and Vegetable Quiche, pasta salad soup: Split Pea and Bacon</u> 11:30 a.m. - 1:30 p.m.	22 <u>Breaded Chicken, Roasted Potatoes and Carrots Soup: Beef and Barley</u> 11:30 a.m. - 1:30 p.m.	23 <u>Spaghetti and Meatballs in Tomato Sauce, Green Beans Soup: Mexicali Bean</u> 11:30 a.m. - 1:30 p.m.	24 <u>Chicken Pot Pie, Mixed Beans and Corn, Soup: Cabbage</u> 11:30 a.m. - 1:30 p.m.

25	26	27	28	29	30	1
	<u>Roasted Chicken Legs, Green Beans and Fried Rice Soup: Bean and Vegetable</u> 11:30 a.m. - 1:30 p.m.	<u>Thai Chicken, Stir-fry Vegetables and Coconut Rice Soup: Chicken Noodle</u> 11:30 a.m. - 1:30 p.m.	<u>Meatloaf, Mixed Veggies, Mashed Potatoes Soup: Cream of Celery</u> 11:30 a.m. - 1:30 p.m.	<u>Chicken and Vegetable Quiche and Macaroni Salad Soup: Lentil</u> 11:30 a.m. - 1:30 p.m.	<u>Peri Peri Chicken Legs, Peas and Brown Rice Soup: Cream of Cauliflower</u> 11:30 a.m. - 1:30 p.m.	